SEC Form 4	
------------	--

 \square

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940
or Section 50(ii) of the investment company Act of 1940

1. Name and Address of Reporting Person* <u>COLEMAN GREGORY</u>						er Name and Tio zFeed, Inc.	Symbol	(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owne												
(Last) (First) (Middle) C/O BUZZFEED, INC.						e of Earliest Tran 1/2023	saction (N	'Day/Year)		Officer (give title Other (specify below) below)											
229 W. 43RD STREET, 10TH FLOOR						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street) NEW YO	ORK N	Y	10036	_					X Form filed by One Reporting Person Form filed by More than One Reporting Person												
(City)	(S	tate)	(Zip)																		
			able I - No			ecurities Ac	-	, Dis	1				-								
1. Title of Security (Instr. 3)		tr. 3)	1		saction /Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr.) 8)						Securitie Benefici Owned I	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	ect li rect E) (7. Nature of ndirect Beneficial Dwnership				
							Code	v	Amount		(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)		(Instr. 4)				
Class A G	Common St	ock		02/2	7/2023		J ⁽¹⁾		275,08	36	А	\$0 ⁽¹⁾	888	3,606	D						
Class A (Common St	ock											13	,089	I		By The Audrey Amelia Coleman 2014 Frust ⁽²⁾				
Class A (Common St	ock											51	,722	Ι	H (2	By The Benjamin Coleman 2000 Frust ⁽³⁾				
Class A G	Common St	ock											12	,538	I	0 2 1	By The Coleman 2014 Family Frust ⁽⁴⁾				
Class A Common Stock												13	,089	Ι	H N Q 2	By The Eloise Marie Coleman 2016 Frust ⁽⁵⁾					
Class A Common Stock												51	,722	I	1 (2	By The Melissa Coleman 2000 Frust ⁽⁶⁾					
Class A Common Stock													51	51,722		S (2	By The Stephen Coleman 2000 Frust ⁽⁶⁾				
			Table II -	Deriva (e.g	ative Se	curities Acq Ills, warrants	uired, I	Disp	osed of,	, or l	Benef securi	icially	Owned								
(e. 1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)		ed n Date,	4. Transacti Code (Ins 8)	5. Number on of	6. Date E: Expiratio (Month/D	xercis n Date	able and	7. Ti Amo Secu Unde Deri	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e Owi s For lly Dire or li g (I) (I	nership n: oct (D) ndirect nstr. 4)	11. Nature of Indirec Beneficial Ownershi (Instr. 4)						

Amount or Number of Shares

Expiration Date

Title

(D) Date Exercisable

Code V

(A)

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Nun of Deriva Securi Acquir (A) or Dispos of (D) (Instr. and 5)	tive ties red sed 3, 4	6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Title and Amount o Securities Underlyin Derivative (Instr. 3 ar	f g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	Code V (A)		(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares							
Private Placement Warrants (right to buy)	\$ 11.5	02/27/2023		J (1)		7,667		03/01/2022	12/03/2026	Class A Common Stock	7,667	\$0 ⁽¹⁾	7,667	D	

Explanation of Responses:

1. Represents receipt of the reporting person's pro rata distribution of the shares of common stock and warrants of the registrant from 200 Park Avenue Partners, LLC.

2. Held by The Audrey Amelia Coleman 2014 Trust, of which Mr. Coleman's brother is the trustee. Mr. Coleman disclaims beneficial ownership of the shares held of record by The Audrey Amelia Coleman 2014 Trust except to the extent of his pecuniary interest therein, and this report shall not be deemed an admission that he is the beneficial owner of the securities for purposes of Section 16 of the Securities Exchange Act of 1934 (as amended, the "Act") or for any other purpose.

3. Held by The Benjamin Coleman 2000 Trust, of which Mr. Coleman's brother is the trustee. Mr. Coleman disclaims beneficial ownership of the shares held of record by The Benjamin Coleman 2000 Trust except to the extent of his pecuniary interest therein, and this report shall not be deemed an admission that he is the beneficial owner of the securities for purposes of Section 16 of the Act or for any other purpose.

Held by The Coleman 2014 Family Trust, of which Mr. Coleman's brother is the trustee. Mr. Coleman disclaims beneficial ownership of the shares held of record by The Coleman 2014 Family Trust except to the extent of his pecuniary interest therein, and this report shall not be deemed an admission that he is the beneficial owner of the securities for purposes of Section 16 of the Act or for any other purpose.
 Held by The Eloise Marie Coleman 2016 Trust, of which Mr. Coleman's brother is the trustee. Mr. Coleman disclaims beneficial ownership of the shares held of record by The Eloise Marie Coleman 2016 Trust except to the extent of his pecuniary interest therein, and this report shall not be deemed an admission that he is the beneficial ownership of the shares held of record by The Eloise Marie Coleman 2016 Trust except to the extent of his pecuniary interest therein, and this report shall not be deemed an admission that he is the beneficial owner of the securities for purposes of Section 16 of the Act or for any other purpose.

6. Held by The Melissa Coleman 2000 Trust, of which Mr. Coleman's brother is the trustee. Mr. Coleman disclaims beneficial ownership of the shares held of record by The Melissa Coleman 2000 Trust except to the extent of his pecuniary interest therein, and this report shall not be deemed an admission that he is the beneficial owner of the securities for purposes of Section 16 of the Act or for any other purpose.

Remarks:

/s/ Felicia DellaFortuna, as Attorney-in-Fact for Gregory

Coleman

03/01/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.