SEC Form 4 FORM 4	UNITED STATES SECURITIES AND EXCHANGE COMMISSION
	Washington, D.C. 20549
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Rothstein Adam			2. Issuer Name and Ticker or Trading Symbol BuzzFeed, Inc. [BZFD]		tionship of Reporting Pers all applicable) Director	on(s) to Issuer 10% Owner	
(Last) C/O BUZZFEEI	1. Contraction (1997)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/03/2022		Officer (give title below)	Other (specify below)	
111 EAST 18TH STREET, 13TH FLOOR			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicat			
(Street)				X	Form filed by One Repo	orting Person	
NEW YORK	NY	10003			Form filed by More than Person	One Reporting	
(City)	(State)	(Zip)					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.					5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Class A Common Stock	06/03/2022		М		25,180	Α	\$0.00	50,359	D	
Class A Common Stock								6,952,540	I	By 200 Park Avenue Partners, LLC ⁽¹⁾

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(2)	06/03/2022		М			25,180	(3)	(4)	Class A Common Stock	25,180	\$0.00	50,360	D	

Explanation of Responses:

Instruction 1(b)

1. The shares are directly held by 200 Park Avenue Partners, LLC ("Park Avenue"), which was the issuer's sponsor for the Business Combination. As of the Completion Date and as of the date hereof, the reporting person is not a managing member of Park Avenue. The reporting person disclaims all voting and investment power over the securities held by Park Avenue. Further, the reporting person disclaims beneficial ownership of the securities held by Park Avenue except to the extent of his individual pecuniary interest therein. This report shall not be deemed an admission that the reporting person is the beneficial owner of such securities for purposes of Section 16 of the Securities Exchange Act of 1934 (as amended, the "Act") or for any other purpose.

2. Each RSU represents a contingent right to receive one share of the Issuer's Class A Common Stock, subject to the reporting person's continued status as a service provider to the Issuer.

3. 25% of the award vested on June 6, 2022. The remainder of the award vests in two equal quarterly installments thereafter on the third of September and December 2022.

4. These RSUs do not expire; they either vest or are canceled prior to the vesting date.

Remarks:

<u>/s/ Rhonda Powell, Attorney-</u> in-Fact for Adam Rothstein <u>06/</u>

06/07/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.